

# THE INTIMATE GOD

## CHAPTER 6

### **Practicing the Presence of Jesus**

#### **GROUP LEADER**

Take some time to talk about how the exercises went this past week. How is the practice of stillness going? How about the practice of prayer? How was the practice of engaging in Scripture? Since these three practices are the foundational core to experiencing intimacy with Jesus, take time to see how group members are doing with these practices.

#### **DISCUSSION QUESTIONS**

1. Read Genesis 28:10-17. Have someone summarize how Jacob got to this point in his life. Look carefully at vs 16. Read it a few times. What is Jacob saying? How is it possible for the Lord to be in a place but a person to not be aware of it?
2. Have someone slowly read John 15:5 a few times. From these verses, how would you describe the life Jesus is inviting us to live? Is there any connection between “awareness” and “remaining”? If so, what is the connection?
3. We tend to view our lives through the lens of “spiritual” activities (church, worship, prayer, etc.) and “non-spiritual” activities (laundry, hygiene, errands, work, etc.) What impact, if any, does practicing the presence of Jesus have on these distinctions?

4. Think of a specific activity in your day that feels “non-spiritual.” What would it look like to intentionally practice the presence of Jesus in that place? How might that impact your experience of that particular activity?

5. In this week’s content, we learned three specific ways to cultivate a greater awareness of Jesus’ presence with us throughout our everyday lives: Conversational prayer, Delight Pauses, Exploring our negative emotions. Which of these most resonated with you?

6. What action step will you take this week to intentionally grow in your awareness of Jesus’ presence? Be specific.