



THE INTIMATE GOD

— WEEK 8 —

Building a Life of Intimacy with Jesus

GROUP LEADER

Take a few minutes and discuss how the exercises for last week went. How are you experiencing stillness, prayer, and scripture?

Where are you on your Sabbath journey? Were you able to take a Sabbath last week? If so, what was that experience like? If you weren't able to take some Sabbath time, how are you moving toward creating space for this? What roadblocks are you encountering?

DISCUSSION QUESTIONS

1. Have someone read John 1:35-39. What strikes you about the question Jesus asked these two potential followers?
2. What impact can this question, "What do you want?", have on our experience of spiritual practices?
3. How would you answer this question: What do you want in your relationship with Jesus?

4. Have someone read Matthew 7:24-27 a few times out loud. What stands out to you in this passage? According to Jesus, what role does “practice” play in our spiritual lives?

5. Take some time to think about your plan regarding the five core spiritual practices we have experienced in this journey. What intentional next steps will you take to keep growing in your intimacy with Jesus....

a. in the practice of Stillness, Prayer and Scripture Meditation?

b. in practicing the presence of Jesus?

c. in the practice of Sabbath?

6. If your group is going to be continuing, take some time to talk about ways your group can help each other keep the spiritual momentum going regarding your experience of intimacy with Jesus.